



Mary's Song

From Worry to Worship

Luke 1:39-56

A close-up photograph of a guitar neck, showing the fretboard and strings. The neck is wrapped in a string of warm white LED lights, which are illuminated. The background is a soft, out-of-focus sunset or sunrise over a body of water, with a warm orange and yellow glow. The text "It's The Most Wonderful Time of the Year!" is overlaid in white, sans-serif font, centered on the image.

It's The Most
Wonderful Time of the
Year!

Top Five Secular Christmas Songs

1. All I want for Christmas is you
Mariah Carrey
2. Last Christmas Wham!
3. Jingle Bell Rock Bobby Helms
4. Let it snow! Let it Snow! Let it
Snow! Dean Martin
5. Winter Wonderland (various)



Top Five Christian Christmas Hymns

1. O holy Night

2. Hark the Herald Angels

3. Silent Night

4. O Come All Ye Faithful

5. Away in the Manger



Four Songs in the Gospel of Luke

1. Mary's Magnificat → TO MAGNIFY

2. Zechariah's Song

3. Simeon's Song

4. Angel's Song

Luke 1:39-56

³⁹ At that time Mary got ready and hurried to a town in the hill country of Judea, ⁴⁰ where she entered Zechariah's home and greeted Elizabeth. ⁴¹ When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit. ⁴² In a loud voice she exclaimed: "Blessed are you among women, and blessed is the child you will bear! ⁴³ But why am I so favored, that the mother of my Lord should come to me? ⁴⁴ As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. ⁴⁵ Blessed is she who has believed that the Lord would fulfill his promises to her!".

Luke 1:46-56

⁴⁶ And Mary said:

“**My soul glorifies the Lord**

⁴⁷ and my spirit rejoices in God my Savior,

⁴⁸ for he has been mindful
of the humble state of his servant.

From now on **all generations will call me blessed,**
⁴⁹ for the Mighty One has done great things for
me—

holy is his name.

⁵⁰ **His mercy** extends to those who fear him,
from generation to generation.

⁵¹ He has performed **mighty deeds with his arm;**
he has scattered those who are proud in their
inmost thoughts.

Luke 1:46-56

⁵² He has brought down rulers from their thrones
but **has lifted up the humble.**

⁵³ He has **filled the hungry** with good things
but has sent the rich away empty.

⁵⁴ He has helped his servant Israel,
remembering to be **merciful**

⁵⁵ to Abraham and his descendants **forever,**
just as he promised our ancestors.”

⁵⁶ Mary stayed with Elizabeth for about three months
and then returned home

Roadmap

Mary's Song: From Worry to Worship

(Luke 1:39-56)

- 1. Mary Submits Her Worries to God**
- 2. Mary's Song is Saturated with Scripture**
- 3. What We Can Learn from Mary**

Background on Luke 1

“Many have undertaken to draw up an account of the things that have been fulfilled among us, ² just as they were handed down to us by those who from the first were eyewitnesses and servants of the word. ³ With this in mind, **since I myself have carefully investigated everything from the beginning, I too decided to write an orderly account for you,** most excellent Theophilus, ⁴ so that you may know the certainty of the things you have been taught.”

Luke is one of the greatest Historians in Antiquity

Background on Luke 1

The Birth of John the Baptist (Zechariah and Elizabeth v 5-25)

The Birth of Jesus:

²⁶ In the sixth month of Elizabeth's pregnancy, God sent the angel Gabriel to Nazareth, a town in Galilee, ²⁷ to a virgin pledged to be married to a man named Joseph, **a descendant of David**. The virgin's name was Mary. ²⁸ The angel went to her and said, "Greetings, you who are highly favored! The Lord is with you." ²⁹ **Mary was greatly troubled at his words and wondered what kind of greeting this might be.**

I. Mary Submits Her Worries to God

³⁰ But the angel said to her, “Do not be afraid, Mary; you have found favor with God. ³¹ You will conceive and give birth to a son, and you are to call him Jesus. ³² He will be great and will be called the Son of the Most High. The Lord God will give him the throne of his father David, ³³ and he will reign over Jacob’s descendants forever; his kingdom will never end.”

³⁴ “How will this be,” Mary asked the angel, “since I am a virgin?”

I. Mary Submits Her Worries to God

What are some **limitations** and **struggles** you have had to deal with in your life?

I. Mary Submits Her Worries to God

³⁵ The Angel answered, “The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God. ³⁶ Even Elizabeth your relative is going to have a child in her old age, and she who was said to be unable to conceive is in her sixth month. ³⁷ For no word from God will ever fail.”

“^v 38 → ‘I am the Lord’s servant,’ Mary answered. ‘May your word to me be fulfilled.’ Then the angel left her.”

Although Mary doesn’t know the details, she is willing to stay Faithful.

I. Mary Submits Her Worries to God

Mary Receives Encouragement from her Community

⁴¹ When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit. ⁴² In a loud voice she exclaimed: "Blessed are you among women, and blessed is the child you will bear!" ⁴³ But why am I so favored, that the mother of my Lord should come to me? ⁴⁴ As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. ⁴⁵ Blessed is she who has believed that the Lord would fulfill his promises to her!"

I. Mary Submits Her Worries to God

**After Elizabeth's Blessing, Mary's
Worries turns into Worship!**

II. Mary's Song is Saturated in Scripture

In her Song, Mary Alludes to:

Psalm 22

Psalm 25

Psalm 44

Psalm 89

Psalm 98

Psalm 103

Psalm 147

Job 12

2 Samuel 22

Genesis 12
(Abrahamic covenant)

Genesis 17

Micah 7

1 Samuel 1-2

II. Mary's Song is Saturated in Scripture

1. God is Lord And Mary said: My soul glorifies the lord (v 46)

2. Jesus is Savior My spirit rejoices in God my savior (v 47) From now on All generations will call me blessed.

3. God is omniscient He has been mindful on the humble state of his servant (v 48)

4. God is Mighty For the Mighty One (v 49).

5. God is Personal Has done Great Things for me (v 49).

II. Mary's Song is Saturated in Scripture

6. God is Holy Holy is his name (v 49).

7. God is Merciful His mercy extends (v 50)

8. God is Worthy. his mercy extends for those who fear him from generation to generation (v 50)

9. God is powerful. He has performed mighty deeds with his arm. (v51)

10. God is Sovereign He has scattered those who are proud in their inmost thoughts (v 51)

II. Mary's Song is Saturated in Scripture

11. God is Gracious he has brought down rulers from their throne but has lifted up the humble (v 52)

12. God is Generous he has filled the hungry with good things but has sent the rich away empty (v 53)

13. God Helps He has helped his servant Israel in remembering to be merciful (v 54)

14. God is Faithful As he spoke to our fathers, to Abraham and to his offsprings (v 55)

15. God is Eternal FOREVER (v 55)

III. What we can Learn from Mary

1. Increase your Theology and Knowledge of God's word! Read your Bible!

Mary has two options:

Be racked with crippling anxiety: “What might happen?”

Be focused on Bible History: What has God done?

III. What we can Learn from Mary

1. Increase your Theology and Knowledge of God's word! Read your Bible!

An increase in your knowledge of God's word can lead to a decrease in your personal anxiety!

Hebrews 13:8: Jesus Christ is the same yesterday and today and forever.

III. What we can Learn from Mary

2. **PROCESS** God's faithfulness in your life!

Do not wait to Know God. Mary was a teenager when she sang this song full of Theology.

Sit down and think about what God is doing in your life!

Our God is Deeply Personal. God is actively working in your life! What 15 Characters stick out to you? Spend time studying and knowing Theology!

III. What we can Learn from Mary

3. God will use Ordinary people for Extraordinary things.

John 14:12: ¹² Very truly I tell you, whoever believes in me will do the works I have been doing, and they **will do even greater things** than these, because I am going to the Father.

Acts 1:8: ⁸ But **you will receive power when the Holy Spirit comes on you**; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”